## ver Wyre Medical Centre News Letter

## Think Pharmacy First



Going to your local pharmacy offers an easy and convenient way to get clinical advice on minor health concerns, and now community pharmacies can offer treatment and, when appropriate, some prescription medicine, for seven common conditions without patients needing to see a GP, as part of a major transformation in the way the NHS delivers care.

Highly trained pharmacists at more than nine in ten pharmacies can now assess, treat, and when appropriate, provide some prescription medicine for:

( Impetigo (aged 1 year and over)

( Infected insect bites (aged 1 year and over)

( Earache

(aged 1 to 17 years)

**(6)** Sore throat

(aged 5 years and over)

( Sinusitis

(aged 12 years and over)

( Urinary tract infections (UTIs) (women 16 to 64 years)

Shingles

(aged over 18 years)

Community pharmacy teams are highly skilled, qualified health professionals who have the right clinical training to give people the health advice they need.

By calling Over Wyre Medical Centre, our reception team can raise a swift referral and seamlessly book you in with either Hambleton or Knott End pharmacy. The pharmacist at Hambleton (David) has agreed that he may be able to offer a remote Pharmacy First sultation for some of the above conditions if you are unable to travel.

Pharmacists have always helped patients, families and carers in their communities stay healthy and are well placed to offer treatment for health conditions. By expanding the services community pharmacies offer, the NHS is aiming to free up GP appointments and give people more choice in how and where they access care.

Don't wait for minor health concerns to get worse – think pharmacy first and get seen by your local pharmacy team.



Special points of interest:

- > Think Pharmacy First
- > Staff Training
- > PPG

The Medical Centre will be closed on Wednesday 12th March 2025 from 13:00

and will re-open as normal on Thursday 13th March 2025

## Patient Particiption Group - Open For Recruitment

Over Wyre Medical Centre has a long-established Patient Participation Group (PPG) which allows patients to have their say and help shape services. We ask the members of our representative group some questions from time to time, and we meet face to face, on a quarterly basis.

For any patients who would like to be involved but cannot attend meetings, we offer a virtual contact. This means we will contact you via email and keep our surveys succinct so it shouldn't take too much of your time.

We aim to gather patients from as broad a spectrum as possible to get a truly representative sample. To sign up for the PPG, please contact our Social Prescriber Jessica via reception.

Furthermore, our next PPG Meeting will be held at on



Wednesday 19th March 2025

11.45am to 12.45pm

in the Front Room, New joiners are most welcome.

